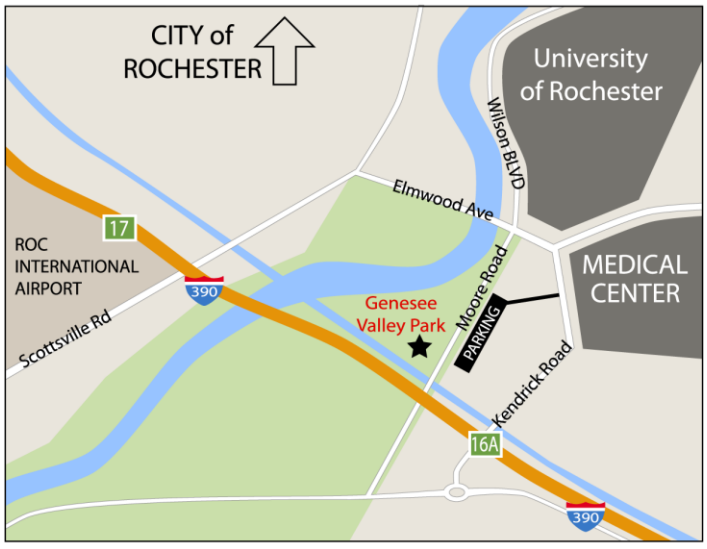


- Non-USAC – no license required or one-day fee!
- Pre-Register @ **bikereg.com**
- Day-of Registration/Sign-in from 5:00 p.m. to 6:30 p.m.
- Entry fees: Adults $30 pre / $35 day-of
- Entry fees: Juniors 9-14 & 15-18 $10 pre / $10 day-of
- Entry fee includes: Race entry & a Rohrbach's beer or root beer after the event
- Cyclocross, Mountain or Fat bike recommended
- Requirements: All riders must have a helmet, NO bar ends and **a headlight with brightness of at least 400 lumens. The faster you go, the brighter your light needs to be!**

Start Time	Race Category	Duration	Prizes
7:00 p.m.	All Men	60 minutes	Prizes (top 3 overall)
7:01 p.m.	All Women	60 minutes	Prizes (top 3 overall)
7:02 p.m.	All Juniors	60 minutes	Prizes (top 3 overall)

COURSE: the UCI Rochester Cyclocross course (excluding a few select areas, like the Elite Run Up)
COURSE LIGHTING: 2 Powermoons and 1 diesel powered light tower at the finish area
START ORDER: mass start staged by category (these categories are on your honor)
NO ONE GETS PULLED: everyone gets the opportunity to finish. But, you may get lapped!
START & STAGING: the start will be located at the finish line and staging will take place @ 6:45 p.m.
RECOMMENDED BIKE: a cyclocross bike, a mountain bike, a fat tire bike or even a hybrid with knobby tires will work
RECOMMENDED TIRES: Knobby tires work best (don't even try slick road tires!)

From the East: Take I-90 West (NYS Thruway) and exit at Exit 46 and continue onto I-390 North. At the I-590/I-390 split, STAY LEFT and CONTINUE ON I-390. Take Exit 17 Scottsville Road/Rt 383 and turn left onto Scottsville Road. Vere Right onto Elmwood Ave. Take a right onto Kendrick Road, take your next right into the University of Rochester parking lot.
From the West: Take I-90 East (NYS Thruway) and exit at Exit 47 for I-490 East. Take I-490 East for about 19 miles and take Exit 9B onto I-390 S (towards the airport). Take Exit 17 Scottsville Road/Rt 383 and turn left onto Scottsville Road. Vere Right onto Elmwood Ave. Take a right onto Kendrick Road, take your next right into the University of Rochester parking lot.
From the South: Take I-390 North towards Rochester. At the I-590/I-390 split, STAY LEFT and CONTINUE ON I-390. Take Exit 17 Scottsville Road/Rt 383 and turn left onto Scottsville Road. Vere Right onto Elmwood Ave. Take a right onto Kendrick Road, take your next right into the University of Rochester parking lot.



GROC
Genesee Regional Off-Road Cyclists

Full Moon Vista Bike & Sport

GVCC
genesee valley cycling club

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rochestercyclocross.com